SUSAN EARL FUNCTIONAL HEALTH

Clinician referral sheet

For primary care and cardiology offices · Susan Earl, RN · 43 years in cardiology and emergency nursing

What patients are referred to

Health coaching and education across eight pathways, with cardiovascular health and prevention as the entry point: a free 5-minute clarity call, a one-session Root-Cause Assessment, a 16-week program, and 90-day rechecks for established clients. Coaching and education only. This is not medical care, diagnosis, treatment, or prescribing, and it does not replace care from the referring clinician.

Who may benefit

Adults who have been told their numbers look normal but continue to feel unwell, who want to understand what may be driving their symptoms and are willing to work on daily habits. Suited to patients who want education and a structured plan and who keep their own clinician for medical care.

Who this is not for

Patients seeking a diagnosis, treatment, medication changes, or management of a medical condition. Anyone with urgent symptoms should be directed to emergency services.

How labs are handled

Susan suggests which lab work to discuss with the patient's provider and assesses the results with the patient. She does not order or run labs.

How to refer

Ask the patient to request the free 5-minute clarity call, or email **susanearlfunctionalhealth@gmail.com** with the patient's name and permission to contact them. Please do not send clinical records by email.

Referring clinician: _____ **Practice:** _____

Patient name: _____ **Patient consent to contact:** yes / no

Reason for referral, in general terms: _____

Susan Earl, RN, offers health coaching and education under the teaching and counseling component of registered nursing practice in North Carolina. This is not medical care, diagnosis or treatment.